

<b>Table A-2 Recording ROM Measurements for The Spine</b>				
Spinal Area	Plane	ROM-0-ROM (°)	Clinical Examples	
			Text Description	SFTR Recording (°)
Cervical	Sagittal	<b>Extension -0- Flexion (60)-0-(50)</b>	Extends 30°, flexes 45°	S: 30-0-45
Cervical	Frontal	<b>Bending Left lateral -0- Right lateral (45)-0-(45)</b>	Bends 30° to left, 40° to	F: 30-0-40
Cervical		<b>Rotation Left -0- Right (80)-0-(80)</b>	Rotates left 40°, right 50°	R: 40-0-50
Thoracic	Sagittal	<b>Extension -0- Flexion (0)-0-(45)</b>	Extends 0°, flexes 45°	S: 0-0-45
Thoracic	Frontal	<b>Bending Left lateral -0- Right lateral (45)-0-(45)</b>	Bends left 45°, right 20°	F: 45-0-20
Thoracic		<b>Rotation Left -0- right (30)-0-(30)</b>	Rotates left 15°, right 20°	R: 15-0-20
Lumbar	Sagittal	<b>Extension -0- Flexion (25)-0-(60)</b>	Extends 25°, flexes 40°	S: 25-0-40
Lumbar	Frontal	<b>Bending Left lateral -0- Right lateral (25)-0-(25)</b>	Ankylosis of the spine in 20° left lateral flexion Ankylosis in 20° right lateral flexion Restricted motion from 20° to 30° of left lateral bending	F: 20-0 F: 0-20 F: 30-20-0
‡ Normal Ranges are in parentheses. † A non-0° starting position is noted in the ankylosis table.				

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