

# Magna Comp Laude Award

## Becky Curtis

**The 2015 Magna Comp Laude Award Winner and Take Courage Coaching Founder Becky Curtis** overcame multiple injuries and permanent disabilities sustained in a near-fatal auto accident to provide tools and assistance to others living with chronic pain. Suffering from excruciating chronic pain that was seemingly incurable with any medical technique, Curtis refused to simply resign to living with pain. Instead, she proactively learned how to make behavioral changes and better manage her pain, eventually founding Take Courage Coaching, a group of professionals in counseling, coaching and communications to help others learn to keep pain from dominating their lives.

Rather than just dealing with her pain like most people would, Curtis chose to take control of her situation and also inspire others to manage their pain and regain their lives, according to a nominator.

"The focus in the world of the injured often tends to be on what needs to be fixed, what is broken. What I love about the Magna Comp Laude Award is that it celebrates a focus on what is right, what is whole and what is working," says Curtis. "I am honored that the high ideals of this award have been recognized in my effort to bring wholeness and success to injured workers. Thank you very much for such precious affirmation!"

*To learn more about Becky Curtis, visit [TakeCourageCoaching.com](http://TakeCourageCoaching.com) or email her at [becky@takecouragecoaching.com](mailto:becky@takecouragecoaching.com).*

